

Dealing with Feeling When I Feel Glad

Based on Material from Open.Life.Church

Did you feel guilty and ask for forgiveness?
Did you find some people to talk to when you felt guilty?
Did help anyone else who else feeling guilty?

If you dressed up as a dog, what kind of dog would it be?

Watch: <https://www.life.church/media/konnect/i-feel-happy>

Discussion.

When do you feel the happiest?
What made Dot so happy?
What do you think made Local Businessman Chuck Forte steal the piggy bank?
What do you think people like about feeling happy?
What does the Bible verse tell us to do when we're happy?
What's so good about praising God when you're happy?
How can you be happy even when things around you are bad?
Local Businessman Chuck Forte thought stealing would make him happy.
What advice would you give him?

Choose a Challenge

Find some ways to praise God when you're happy this week.
Do something to celebrate with someone around you who is happy.

Pray about anything shared

Bible reading

Join us for a family Bible plan that follows our "Dealing with Feeling" topics.
<https://bible.com/p/34922455/4d64d81f16b53fb23aa4d62bc454e420>
This weeks material is days 7 and 8.